

**BLDE Association's AVS Ayurveda
Mahavidyalaya, Hospital Research Centre,
Vijayapur Vidya Nagar, Bagalkot Road,
Vijayapur- 586109**

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QUESTION PAPERS

PANCHAKARMA

B.A.M.S 4th YEAR

2017 / 2022



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Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - SEP-2017

Time: Three Hours

Max. Marks: 100 Marks

Panchakarma (Revised Scheme 4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

1. Explain in detail about the setting up of Panchakarma Theatre with proper infrastructure of men and material.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Shirodhara procedure
3. Procedure of Nadi sweda
4. Samyak vanta laxana
5. Kumbhi sweda
6. Bahya sneha

SHORT ANSWERS

5 x 2 = 10 Marks

7. Explain the procedure of patrapinda sweda.
8. Rasa samsarjana
9. Shamanaga sneha kala
10. Importance of Madana phala
11. Name niragni swedas.

Part - B (50 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

12. Explain in detail about Virechana.

SHORT ESSAYS

5 x 5 = 25 Marks

13. Basti karmukata
14. Assessment of Vamana
15. Pariharya vishaya in nasya
16. Types of Rakta mokshana
17. Short wave diathermy

SHORT ANSWERS

5 x 2 = 10 Marks

18. Basti putaka dosha
19. Sankyabhedena basti prakara
20. Avapeedana nasya
21. Madhutailika basti
22. Pratimarsha nasya



Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - SEP-2018

Time: Three Hours

Max. Marks: 100 Marks

Panchakarma (Revised Scheme 4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary
(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

1. Define Snehana and explain Matranusara Snehana.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Niragni Svedana.
3. Diet during Shodhana Poorvakarma.
4. Avagaha Svedana.
5. Importance of Svedana Karma.
6. Snehana Vyapath.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Shiropichu indications.
8. Udvarthana benefits.
9. Ati yoga lakshanas of Svedana Karma.
10. Benefits of Parisheka Svedana.
11. Shodhana Phala.



Part - B (50 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

12. Explain classification of Nasya Karma.

SHORT ESSAYS

5 x 5 = 25 Marks

13. Anuvasana Vyapaths.
14. Mode of action of Basti Karma.
15. Wax Bath therapy.
16. Classification of Raktamokshana.
17. Lekhana Basti.

SHORT ANSWERS

5 x 2 = 10 Marks

18. Vamana Ayoga Lakshana.
19. Types of Virechana.
20. Basti Pratyagamana Kala.
21. Benefits of Samsarjana Krama.
22. Importance of Madanaphala.

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - FEB-2019

Time: Three Hours

Max. Marks: 100 Marks

Panchakarma (Revised Scheme 4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

LONG ESSAYS

1. Define Snehana and Explain Matraanusara Sneha.

1 x 15 = 15 Marks

SHORT ESSAYS

2. Sadhya snehana.
3. Chaturvidha sweda.
4. Benefits of shodhana.
5. Vamana Paschat Karma.
6. Takradhara.

5 x 5 = 25 Marks

SHORT ANSWERS

7. Rasa Samsarjana.
8. Vamanopaga Dravyas and its importance.
9. Write the dosage of different Nasya.
10. Indication of Shirobasti and Shiro Pichu.
11. Complications of Swedana.

5 x 2 = 10 Marks



Part - B (50 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

12. Enumerate different types of Raktamokshana and Write the procedure of jalaukavacharana in detail.

5 x 5 = 25 Marks

SHORT ESSAYS

13. Pradhamana Nasya.
14. Samyak, Ati and Heena yoga of Anuvasana Basti.
15. Vamana Karmukata.
16. Short wave diathermy.
17. Explain about Virechana Paschat Karma.

5 x 2 = 10 Marks

SHORT ANSWERS

18. Basti Putaka Doshas.
19. Basti Pratyagamana Kaala.
20. Sramsana.
21. Nasya Vyapat.
22. Hrita Dosh Lakshana.

Rajiv Gandhi University of Health Sciences, Karnataka
IV Year B.A.M.S Degree Examination - 22-Jul-2021

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain Sagni sweda in detail.
2. Classification and indications of rakta mokshana and explain raktamokshana as ardha chikitsa.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Accha snehapana
4. Indications of virechana karma
5. Sadya snehana
6. Murdhini taila
7. Assessment of vamana karma
8. Utility of physiotherapy
9. Madhutailika basti
10. Samyak basti (niruha and anuvasana) lakshanas
11. Nasya vyapada
12. Pratimarsha nasya



10 x 3 = 30 Marks

SHORT ANSWERS

13. Tarpanadi krama
14. Kati basti
15. Dhumapana
16. Sadyo vamana
17. Padaghata
18. Yoga basti
19. Matra basti
20. Basti dravya dosha
21. Ultrasonic therapy
22. Management of Epistaxis and Haematemesis management

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS 5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Define Shadvidhaupakramas and discuss yogyaayogya and guna of each upakramas
2. Define Virechana, write Virechanavyapada and its management in details

SHORT ESSAYS

10 x 5 = 50 Marks

3. Explain IFT procedure and its clinical importance
4. Describe various types of jalouka and discuss recent updates
5. Classify Mridu, Madhyama and TeekshnaVirechakadravyas and describe their respective indications with formulations
6. Mention Kshara, Vaitarna Basti and its clinical utility in the management of autoimmune disorders
7. Define Virechana and importance of Virechana in Pakshaghata
8. Write Ashtavarjyakara bhavas and mention necessity of following them
9. Explain the indications and contraindications of Snehana
10. Write swedanayogya and ayogya
11. Write the indication of Asthapanabasti and mention its classifications
12. Describe exercise, their principles and justify its efficacy with examples

SHORT ANSWERS

10 x 3 = 30 Marks

13. Write the properties and indications of ghrta and taila
14. Write Sneha yoni with examples
15. Define Anuvasanabasti and mention its types with matra
16. Write the contraindications of Astapanabasti
17. Explain sankarasweda
18. Mention Virechanakalpas of chaturangula
19. Write vamanaAtiyoga and its chikitsa
20. Write the ingredients of Mahanarayanataila
21. Explain about AvapidanaNasya
22. Indications of Infrared therapy



Rajiv Gandhi University of Health Sciences, Karnataka
IV Year B.A.M.S Degree Examination - 17-Nov-2021

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

1. Explain abhyantara snehapana in detail.
2. Explain importance of Basti as ardha chikitsa.

2 x 10 = 20 Marks

SHORT ESSAYS

3. Murdhini taila
4. Samyak yoga, ayoga and atiyoga of svedana
5. Indications and contraindications of Vamana
6. Heena, madhyama and pravara shuddhi of virechana
7. Utility of Panchakarma
8. Explain yoga, kala and karma basti schedule with their utility.
9. Method of preparation of Niruha basti dravya
10. Contraindications for nasya
11. Utility and importance of Physiotherapy
12. Vaitarana basti

10 x 5 = 50 Marks

SHORT ANSWERS

13. Kati basti
14. Pariharya vishaya for Panchakarma
15. Shodhana according to Ritu
16. Niragni sveda
17. Talam
18. Jalaukavacharana
19. Pratimarsha nasya
20. Basti pratyagamana kala
21. Indications of Uttarabasti
22. Avapeedaka nasya

10 x 3 = 30 Marks



Rajiv Gandhi University of Health Sciences, Karnataka
IV Year B.A.M.S Degree Examination - 17-Nov-2021

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS 5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Discuss the importance of Virechanakarma in Chikitsa and its utility in various diseases
2. Write about the role of Nasyakarma In chikitsa and its utility in various diseases

SHORT ESSAYS

10 x 5 = 50 Marks

3. Provide a detailed review on the types of Virechana by different Acharya
4. Write the preparation of Shashtikashalipindasveda
5. Discuss in detail the classification of sveda by charaka
6. Describe the procedure of Sodhanangasnehapana
7. Write the classification of Rakthamokshana
8. Mention the indications for Svedana
9. Discuss the types of Snehavasti
10. Write the contraindications of Niruhavasti
11. Describe the procedure of Marshanasya
12. Provide the classification of purgatives in modern medicine



SHORT ANSWERS

10 x 3 = 30 Marks

13. Dose of matravasti
14. Definition of Vamana
15. The smallest dose of snehapana
16. Svedana - Atiyoga
17. Dose of pradhamananasya
18. Infrared therapy
19. EnumerateNetradosha as per charaka
20. Yapanavasti
21. EnumerateVamanavyapat as per charaka
22. Kukkutandasveda

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 12-Oct-2022

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS 5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Write in detail about Abhyantara Snehapana
2. Write different types of Virechana and its mode of Actions

SHORT ESSAYS

10 x 5 = 50 Marks

3. Necessity and Utility of samsarjana krama
4. Method of preparation of Niruha Basti dravya
5. Write Aswinna, Atiswinna and Samyak Swinna Lakshanas
6. Nasyavidhi
7. Vamana Atiyogajanya Vyapats and its management
8. Ideal Panchakarma theater
9. Preparation of the patient day before vamana
10. Basti karmukata
11. Uttarabasti in males
12. Mention types of Murdhnitaila along with its benefits



SHORT ANSWERS

10 x 3 = 30 Marks

13. Importance of Koshta and Agni Pariksha
14. Ghreya Vamana
15. Pracchana
16. Dhoomapana
17. Wax therapy
18. Differentiate Nasya with Nasapana
19. Contra indications of Raktamokshana
20. Utility of physiotherapy
21. Samyak langhana lakshanas
22. Vaitarana Basti
